

ELF Sleep and Breathing Patient Conference
Saturday 26 April 2025
14:00 – 16:30 CEST

Welcome

Co-chairs: Luca Roberti (Italy) and Prof. Sophia Schiza (Greece)

14:00 Introduction and housekeeping

Session 1: The impact of sleep and breathing disorders

14:15 Patient experience video

14:20 The hidden consequences of sleep and breathing disorders - Clare Williams, UK

14:30 Sleep and breathing disorders and driving – Dr Athanasia Pataka, Greece

14:40 Panel discussion and Q&A

14:55 Break

Session 2: Current treatment

15:05 Patient experience video

15:10 CPAP treatment - Dr Manuel Sanchez de la Torre, Spain

15:25 Alternatives to CPAP – Prof. Dries Testelmans, Belgium

15:35 Panel discussion and Q&A

15:50 Break

Session 3: Looking to the future

16:00 Future innovations in sleep and breathing – Dr Matteo Siciliano, Italy

16:10 Panel discussion and Q&A

16:25 Take home messages

16:30 End